ASU field trip safety precautions during COVID-19

General

Before planning a field trip, confirm that the trip is critical to the curriculum and that your Dean has cleared for approval. Upon Dean approval, please contact insuranceservices@asu.edu to register your trip.

A cross-functional team will review the field trip for health and safety measures. Risk Management will send the proposal to the Office of the Provost. Once the trip is approved, Risk Management will communicate to the requestor to follow the guidelines below. COVID-19 travel guidance frequently changes, check CDC guidance for the most up to date information to prepare for your trip.

● All participants should ride in separate vehicles to the field trip site when possible. If other forms of transportation are used, follow social distancing guidelines on COVID-19 Guide Shuttles and Vehicles.
  ○ Apply hand sanitizer or wash hands with soap and water for 20 seconds upon exiting airplanes, buses, trains or vehicles.
  ○ Do not travel if you are sick or awaiting COVID-19 test results.
● Carry your supervisor's contact information and any other ASU personnel whom you may need to reach.
● Classes should be split into small groups of nine or fewer.
● Do not touch your face or face covering without first disinfecting your hands.
● Face coverings are also required in community spaces.
● Know locations and hours of local health clinics at your destination.
● Modify activities to maintain physical distancing.
● Overnight travel must follow ASU travel guidance.

Health check

● Assess your health. Do not travel if you have had COVID-19 symptoms in the last three days or have had a positive COVID-19 test in the last ten days.
● ASU developed a saliva-based COVID-19 test, a fast, efficient and simple tool that is a critically important part of our virus management. Testing is available and easy to obtain. Students and employees must register for a COVID-19 test.
● All field trip participants are required to be tested 1-3 days before a trip and 3-5 days after based upon the CDC guidance for domestic travel and for international travel.
● Conduct the ASU daily health check before and during traveling days.
● No participant should travel if they have a fever, cough, shortness of breath, loss of smell, or other COVID-19 symptoms.
● Participants should not have knowingly been exposed to anyone with COVID-19 within 14 days before the field trip.

Meals

● Food service in buffet settings is discouraged and is only permitted in a "grab-and-go" format with pre-packaged, disposable utensils and adequate social distancing between individuals when they are eating. Face coverings only may be removed while food is being consumed and must then be replaced.
Check with the venue regarding food service as each venue has its specific guidelines.

For overnight or out of state travel, please follow additional guidelines

- Carry a thermometer, fever-reducing medication as directed by your health care provider and a first aid kit.
- Check your temperature daily.
- Continue to monitor precautions and maintain flexibility to alter plans if needed, including self-isolation and returning home.
- Follow local, regional and federal quarantine guidelines.
- Monitor for travel restrictions that may impact your trip and plan accordingly.

What should you do if you test positive for COVID-19 after a field trip?

- **ASU Students** | Contact ASU Health Service at 480-965-3349 during office hours. After hours, call 480-965-3349. Schedule a telehealth visit or message your provider through My Health Portal.
- **ASU Employees** | Contact Employee Wellness at 480-727-6517.
  - Talk with your supervisor and follow ASU departmental guidelines for health and safety to return to the office.

- Participants should self-isolate and delay their travel if symptoms develop or a pre-departure test result is positive until they have recovered from COVID-19.

Helpful resources

- ASU Health Services.
- ASU travel guidance.
- CDC testing before travel.
- CDC testing after travel.
- ‘Release from isolation and quarantine’ guidance.
- Travel during the COVID-19 pandemic.
- Quarantine guidance for household and close contacts of a person with COVID-19.

Questions regarding safety guidelines? Contact ASU Environmental Health and Safety at 480-965-1823 or email asuehs@asu.edu.

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